

Understanding Depression and PTSD

The World Health Organization (WHO) in 2022 indicated that the COVID-19 pandemic increased the prevalence of anxiety and depression by 25 percent. With this increase, nurses will see anxiety and depression more often in their patients, coworkers, and perhaps themselves. Not all nurses are prepared to address the concern. This course will help mitigate the gap in knowledge about depression and PTSD, allowing the nurse to be more confident in their interactions.

This CE course is relevant to nurses.

Episode 1 – Depression and PTSD

In episode one, depression and PTSD will be defined with a discussion of the difference between feeling sad and depressed.

Episode 2 – Looking Ahead at Mental Health

Episode two focuses on exploring best practices in treatment options.

Guest

Sally K. Miller, PhD, AGACNP, AGPCNP, FNP-BC, PMHNP-BC, FAANP

- Certified as an adult-gerontology acute care, adult-gerontology primary care, family, and psychiatric-mental health nurse practitioner by the American Nurses Credentialing Center (ANCC), and a fellow of the American Association of Nurse Practitioners (AANP).
- Rural health with NextGen Family Care Clinic and iCarePsychiatry in Las Vegas, NV.
- Clinical professor at the Drexel University College of Nursing and Health Professions, Philadelphia, PA.
- APRN consultant/investigator to the Nevada State Board of Nursing.
- Presenter for the Fitzgerald Nurse Practitioner Certification Exam Review & Advanced Practice Update for family, adult-gerontology primary care, adult-gerontology acute care, and psychiatric-mental health, as well as teaches pathophysiology and pharmacology courses.
- Published in several nurse practitioner journals.



Host

Jannah Amiel, MS, BSN, RN

- Visionary nurse leader with extensive clinical experience in high-acuity hospital settings.
- Education expertise in pre- and post-licensure nursing education, and leading organizational teams in building and developing products and talent.
- The founder and nurse educator of an online bootcamp-style course experience that prepared pre-licensure nursing graduates to pass the NCLEX-RN and enter the workforce.
- Currently the Sr. Director of Healthcare Curriculum at Colibri Group.



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