

Suicide Prevention: Identifying and Intervention with the At-Risk Person

This course will examine suicide warning signs, safety assessment, and safety planning for teens and adults. An overview of suicide and prevention will include key protective factors and managing the suicidal person.

This CE course is relevant to nurses and healthcare professionals.

Episode 1 – It's Everyone's Business

Episode 2 – It's OK to Ask the Question

Guest

David J. Denino, LPC, NCC

- Experienced educator and an expert in mental health first response, suicide prevention, and mental health interventions
- Has presented at many state and national conferences and has provided consulting services to a variety of both national and state organizations
- Master trainer of Question Persuade Refer (QPR), having taught the QPR curriculum for several years, and was the key person in bringing the QPR model to the state university system in Connecticut
- Certified clinical trauma professional and a Red Cross mental health first responder
- Mental health lead for the states of Connecticut and Rhode Island; as such, has assisted with relief efforts for hurricanes Katrina, Sandy, and Harvey, as well as provided mental health support at the Sandy Hook and Las Vegas shootings

Host

Jannah Amiel, MS, BSN, RN

- Visionary nurse leader with extensive clinical experience in high-acuity hospital settings
- Education expertise in pre- and post-licensure nursing education, and leading organizational teams in building and developing products and talent
- Founder and nurse educator of an online bootcamp-style course experience that prepares pre-licensure nursing graduates pass the NCLEX-RN and enter the workforce
- Currently the Head of Healthcare Learning at Colibri Group

References

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Resources

- 988: New designated three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline) and is now active across the United States. 988 is more than just an easy-to-remember number, it is a direct connection to compassionate, accessible care and support for anyone experiencing mental health related distress – whether thoughts of suicide, mental health, substance use crisis, or any other kind of emotional distress, <https://988lifeline.org>
- American Association of Suicidology, <https://www.suicidology.org/>

- Assessing and Managing Suicide Risk: Core Competencies for Mental Health Professionals (AMSR), <https://sprc.org/resources-programs/assessing-managing-suicide-risk-core-competencies-mental-health-professionals>
- Kognito At-Risk in Primary Care is a 1-hour interactive training simulation that prepares primary care providers to recognize when a patient's physical ailments may be masking underlying trauma-related mental health disorders, including PTSD and depression, and how to build a treatment plan, <https://kognito.com/solution/at-risk-in-primary-care/>
- LGBTQ Crisis Helpline – The Trevor Project: 1-866-4-U-TREVOR (488-7386), <http://www.thetrevorproject.org>
- National Alliance for the Mentally Ill (NAMI). 1-800-950-NAMI (6264), <http://www.nami.org>
- Patient Health Questionnaires (PHQ) Screening Tools. The PHQ-9 and other screening tools offer clinicians concise, self-administered screening and diagnostic tools for mental health disorders that have been field-tested in office practice, <http://www.phqscreeners.com>.
- QPR Institute, <https://qprinstitute.com>
- Suicide Prevention Resource Center, <https://sprc.org/effective-prevention/>
- The Suicide Prevention Toolkit for Primary Care Practices provides information, resources, and tools to support primary care practices in their suicide prevention efforts. The Suicide Prevention Resource Center, <http://www.sprc.org/settings/primary-care/toolkit>