## **Podcast Show Notes**

# **Distinguished Careers in Nursing:** Bobbie Berkowitz and Kathleen "Kitty" Buckwalter

Oral history interviews can be a way to affirm the importance of the work done by individuals to better the profession of nursing. It is by knowing our history that nurses can apply lessons learned to their own practice to continue the betterment of the nursing profession.

This CE course is relevant to nurses.

### Guest



### Episode 1 – Bobbie Berkowitz, PhD, RN, NEA-BC, FAAN

- Joined the Washington State Department of Public Health in 1993 as Deputy Secretary to head up efforts to carry out the reforms within the state's public health system outlined in the health reform legislation. The "Public Health Improvement Plan" became the public health pillar of the legislation for the state.
- As an academic she focused her research, teaching, and writing on health system reform, population health, health policy, and health equity.
- In 2007, Dr. Berkowitz was appointed to the Founding Board of the Washington State Academy of Science. During her three-year tenure on the Board, the Academy created

the structures, by-laws, vision, and mission for the Academy and inducted its first class of Fellows.

- Past-President of the American Academy of Nursing (AAN).
- An active member of the National Academy of Medicine (NAM), serving on six NAM report committees and a current member of the NAM Report Review Committee. She served for six years on the National Quality Forum (NQF) Measurement Application Partnership Committee and led the development of the NQF Population Health report.
- Currently serves on several boards including Board of Trustees, Swedish Health System in Washington State, Board of Advisors, University of California at Davis Health System, Board of Trustees, Nurse-Family Partnership, and Board of Trustees, University of Washington School of Nursing.

### Guest



Episode 2 – Kathleen "Kitty" Buckwalter, PhD, RN, FAAN

- Professor emerita in the College of Nursing at the University of Iowa and Distinguished Nurse Scientist in Aging, Reynolds Center of Geriatric Nursing Excellence, University of Oklahoma Health Sciences Center College of Nursing.
- Recognized as innovator, mentor, advocate, and researcher in health policy and the development of the geropsychiatric nursing subspecialty.

- Developed the Progressively Lowered Stress Threshold conceptual model with Dr. Geri Hall.
- Conducted extensive research in the field of mental health needs of the rural elderly.
- Member of the National Academy of Medicine (NAM) and former editor of *Research in Gerontological Nursing* and the *Journal of Gerontological Nursing*. Authored hundreds of peer reviewed articles and numerous book chapters, health policy papers, and editorials.
- Internationally, served with the World Health Organization (WHO) as visiting professor in Belgium.

### Host

Leana McGuire, BS, RN



- Over 30 years' experience in healthcare including critical care, heart transplantation, and management.
- Over 12 years of teaching with extensive experience in leadership development and executive coaching.
- Background in content development, visual performance, speaking (including on the TEDx stage) and podcast hosting. Both personal podcasts and corporate productions for various organizations.

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#### Resources

American Nurses Association Health Policy: <u>https://www.nursingworld.org/practice-policy/health-policy/</u>

Rural Health Information Hub: https://www.ruralhealthinfo.org/

World Health Organization: https://www.who.int/

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