

## Podcast Show Notes

# Building your Credibility and Team Skills: Effective Collaboration Skills in Healthcare

**Strong collaboration comes from the interdependent efforts of the team. Recent research across multiple industries emphasizes the importance of not just learning what behaviors are important to collaboration, but also in practicing how to demonstrate these behaviors. It is experiential learning that enables both leaders and employees to work well together, learn from one another, and overcome the psychological barriers that get in the way of doing both.**

**In this session we will talk about not just the “what” about collaboration skills, but also the “how,” and encourage participants to practice these collaboration skills within their own team. Through learning, practicing, and applying these skills individually and within a team environment, participants will get more comfortable learning and teaming together.**

*This CE course is relevant to healthcare professionals.*

**Episode 1 Effective Collaboration Skills in Healthcare: Collaboration Skills**

**Episode 2: Effective Collaboration Skills in Healthcare: Empathy**

**Episode 3: Effective Collaboration Skills in Healthcare: Feedback**

### Guest

#### **Kathy A. Scott, PhD, MPA, RN, FACHE**

- Partner and Co-founder of L3 Fusion LLC
- Holds a PhD in Healthcare Administration and Organizational Systems
- Holds a master's degree in Public Health Administration
- Multiple Chief Executive roles in healthcare systems
- Her doctoral research served as the science behind the Amazon best-selling book she co-authored, "Stupid Gone Viral – When Science and Reality Collide."



## Guest

### Bridget Sarikas

- Partner and co-founder of L3 Fusion LLC
- Co-author of the Amazon best-selling book, "Stupid Gone Viral – When Science and Reality Collide"
- Focused on transformational leadership that helps individuals and organizations maneuver through the chaos and complexity of today's organizations, and move to a healthier way of living, leading, and learning.



## Host

### Leana Delle McGuire, BS, RN

- Extensive expertise with leadership development and executive coaching
- Best-selling author
- TEDx speaker
- Expertise in content development, visual performance, speaking, and podcast hosting.



## References

Gino, F. (2019, November-December). Cracking the code of sustained collaboration. Six new tools for training people to work together better. *Harvard Business Review*, 73-81.

Lacerenza, C., Marlow, S., Tannenbaum, S., & Salas, E. (2018). Team development interventions: Evidence-based approaches for improving teamwork. *American Psychologist*, 73(4), 517-531.

Scott, K., Sarikas, B., & Bessler, C. (2020). *Stupid Gone Viral – When Science and Reality Collide*. Great Britain: Rethink Press.