

Podcast Show Notes

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Nurse Practitioner Regulations and Practice Issues: Pandemic to Future Considerations

The COVID-19 pandemic and emergency measures allowed many nurse practitioners (NP) to practice at a greater capacity. Healthcare needs during the past few years have brought forward multiple opportunities for expanded NP practice through the influence and power of The Centers for Medicare & Medicaid Services (CMS), emergency measures, etc. What happens now though, as we navigate out of the pandemic and emergency measures expire? Might the future of NP practice be reformed again or will practice just return to more limited pre-pandemic conditions for many NPs?

This CE course is relevant to nursing.

Episode 1 – NP Practice: Then and Now

We take a brief look at the journey of a nurse from certified nurse assistant (CNA) to doctor of nursing practice (DNP)-prepared nurse practitioner. Dr. Alysia Pack has been involved in advocacy at Capitol Hill and collaboration with lobbyists, lawmakers, and interprofessional provider groups to promote the advancement of nursing practice and patient access to quality, affordable, and accessible healthcare. She discusses the evolution of the NP role and how it may have started, in addition to how it looks now.

Guest

Alysia Pack, DNP, APRN, FNP-C

- Nurse practitioner
 - Virginia Council of Nurse Practitioners, State President-Elect, 2022-2024 term
 - Autonomous licensed, board certified family nurse practitioner
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 - Adjunct faculty for a graduate nursing program

Host and Content Reviewer

Maria Morales, MSN, RN, CLNC

- Maria Morales is a nurse planner for Colibri Group and a certified legal nurse consultant. She is a quality-focused, results-driven nursing education professional. As a continuing education leader with nurse executive experience in developing interprofessional educational programs, she supports healthcare workers with educational activities to help increase communication within the healthcare team.

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Episode 2 – NP Practice: Professional Issues

This episode continues the discussion about NP practice by tackling topics such as regulation of NP practice by state boards of nursing, advantages related to full practice authority, and the specialized education/practice journey for NPs, which is different from that of the traditional medical community. The APRN Consensus Model and APRN compact are also discussed.

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Episode 3 – NP Practice Authority and Scope of Practice

This episode concludes the podcast by discussing differences between practice authority, scope of practice, prescriptive authority, and autonomous practice licensure. We also discuss the way APRNs were granted greater practice authority within the Veterans Administration (VA) healthcare system! And we tackle the “title” debate over appropriate and inappropriate terms used for NPs before discussing how to support NPs being able to contribute to their fullest within the healthcare arena.

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