



## Podcast Show Notes

### Violence in the Healthcare Workplace

In 2019, over 20,000 American workers suffered trauma from workplace violence. Of these, 70% were employed in the healthcare and social assistance industries.

Then came the pandemic. Like gasoline on a fire, COVID-19 sent stress levels skyrocketing among patients and clinicians alike. Continuing safety concerns have elevated violence in the healthcare workplace to a national issue—one that not all health care professionals may feel equipped to confront. In this one-hour podcast, you'll explore common risks and identify strategies to help manage and mitigate violence in your workplace.

*This CE course is relevant to nurses and all health care professionals.*

#### Episode 1 – Identifying the Risk of Violence

In this episode we will be talking about violence in the healthcare workplace and identifying risk factors. Organizations recognizing that violence is a concern is the first step to be able to address the issue.

#### Episode 2 – Strategies to Manage Violence

Violence seems to be impacting all areas of society. Managing acts of violence in an evidence-based way is a way to impact health care worker safety.

#### Episode 3 – Actions to Mitigate the Impact of Violence

Individuals working in healthcare have life events or home life events that stress them. Educating them about how to handle these situations and identify their own triggers is important. Their triggers could escalate violence instead of acting as a calming influence. In this episode, this subject and others will be discussed as ways to mitigate the impact of violence.

#### Guest

Gordon Gillespie, PhD, DNP, RN, CEN, CNE, CPEN, PHCNS-BC, FAEN, FAAN

- Registered nurse for over 25 years working in emergency department, public health, and academic settings
- Research on workplace violence against healthcare workers has been funded by the Centers for Disease Control and Prevention (CDC)–National Institute for Occupational Safety and Health (NIOSH), Robert Wood Johnson Foundation, American Nurses Foundation, and Emergency Nurses Association Foundation



- Invited by the CDC-NIOSH to develop an educational program on workplace bullying and consult on two national online learning modules
- Chaired the national workplace violence conference, guest edited an interprofessional journal issue on workplace violence, co-chaired the Registered Nurses' Association of Ontario's second edition of the Best Practice Guideline "Preventing and Managing Bullying and Violence in the Workplace," and served as an international director of the Emergency Nurses Association
- Currently professor and associate dean for research at the University of Cincinnati College of Nursing

## Host

Jannah Amiel, MS, BSN, RN

- Senior product manager with Colibri Group
- Visionary nurse leader with extensive clinical experience in high-acuity hospital settings
- Education expertise in pre- and post-licensure nursing education and leading organizational teams in building and developing products and talent; founder of and nurse educator at an online bootcamp-style course experience that prepares prelicensure nursing graduates to pass the NCLEX-RN and enter the workforce



## References

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## Resources

Occupational Health and Safety Administration (OSHA): <https://www.osha.gov/healthcare/workplace-violence>

Hospital's Against Violence Initiative by the American Hospital Association: <https://www.aha.org/hospitals-against-violence/human-trafficking/workplace-violence>

The American Association of Critical Care Nurses:

<https://www.aacn.org/blog/preventing-workplace-violence-in-healthcare>

The Advisory Board Company:

<https://www.advisory.com/daily-briefing/2021/10/01/patient-animosity#:~:text=According%20to%20data%20from%20Cox,68%20during%20the%20same%20period>

Violence Occupational Hazards in Hospitals by the CDC: <https://www.cdc.gov/niosh/docs/2002-101/default.html>

U.S. Bureau of Labor Statistics: <https://www.bls.gov/iif/oshwc/cfoi/workplace-violence-healthcare-2018.htm>

ECRI.org (a not-for-profit that evaluates medical devices):

<https://www.ecri.org/components/HRC/Pages/SafSec3.aspx?PF=1%3Fsource=print>

Workplace Violence Prevention by The Joint Commission:

<https://www.jointcommission.org/resources/patient-safety-topics/workplace-violence-prevention/>