



Podcast Show Notes

Caring for Transgender Patients

In the words of our guest, “You can accept your patients into your office but if you're not affirming them by honoring their chosen name and pronouns, and having all gender bathrooms, and having them see themselves on the walls of your practice, then you're not affirming them.” This podcast is an honest dialogue about the experiences of transgender and non-binary patients, and examples of how caregivers can impact that experience.

This CE course is relevant to all healthcare professionals.

Guest

Tony Ferraiolo, CLC

- Certified Life Coach, public speaker, and trainer
- Promotes competent and respectful health care for the transgender community, by educating providers, and advocating on behalf of patients.
- He puts his audience at ease by using his ability to make light of a sometimes-challenging situation.

Host

Vanessa Pomarico, EdD, APRN, FNP-BC, FAANP

- Practice is at Northeast Medical Group (NEMG), specializing in Internal Medicine with a special interest in women's health and transgender healthcare.
- An author, lecturer, educator, and volunteer, Dr. Pomarico is the transgender healthcare trainer for NEMG system-wide.
- Served on the advisory board for The Jim Collins Foundation, a non-profit organization community-based initiative promoting the self-determination and empowerment of all transgender people.

References

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Human Rights Campaign (2022). Sexual orientation and gender identity definitions. <https://www.hrc.org/resources/sexual-orientation-and-gender-identity-terminology-and-definitions>

Kuzma E., Pardee M. and Darling-Fisher, C. (2019). Lesbian, gay, bisexual, and transgender health: Creating safe spaces and caring for patients with cultural humility. *Journal of the American Association of Nurse Practitioners*. 31(3), 167-174. doi: 10.1097/JXX.000000000000131.

World Professional Association for Transgender Health (WPATH) (2022). Standards of Care. <https://www.wpath.org/soc8>

Mirza, S. and Rooney, C. (2018). Discrimination prevents LGBTQ people from accessing health care. *Center for American Progress*. <https://www.americanprogress.org/issues/lgbt/news>

Resources

Human Rights Campaign website: <https://www.hrc.org/>

Tony Ferraiolo's website. <https://tonyferraiolo.com/>

Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People. The World Professional Association for Transgender Health. https://www.wpath.org/media/cms/Documents/SOC%20v7/SOC%20V7_English.pdf

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